## Before the Board of County Commissioners Alartín County, Florida

## A Proclamation

## Declaring Suicide Prevention Awareness Month in Martin County, Florida

it is recognized that suicide deaths have been on the increase in communities across the nation and throughout Florida; and

last year, our dedicated and highly trained staff responded to nearly 120,000 requests for help throughout our five-county area; of these, close to 48,000 people expressed mental health and substance use concerns, with close to 4,000 people requesting help

with a suicide crisis; and

lingering health and economic challenges and the continuing housing crisis have taken their toll on mental health, with increases in suicidal ideation and deaths, substance

use, household violence, food insecurity and more; and

Ø,

there is a call for a public health response to increase suicide intervention and prevention efforts with increased community-level efforts and strategies; and

2-1-1 is the central access point providing individuals and families with guidance and crisis support via telephone, text, chat and email any time of day or night and serves as

the regional responder for the 988 Suicide & Crisis Lifeline.

Now, therefore, be it proclaimed by the Martin County Board of County Commissioners that September 2025 is Suicide Prevention Awareness Month in Martin County, Florida. Further, the board urges all citizens to be aware of the only telephone number they need to access information on over 1,600 agency providers with wide-ranging programs and services throughout our area that include food assistance, mental health care, health clinics, growth and development screenings, special needs resources, elder in crisis assistance, daily calls to check on seniors, caregiver support, veterans services and more.

## Presented this Twenty-third Day of September 2025

| CAROLYN TIMMANN, CLERK OF THE CIRCUIT COURT AND COMPTROLLER | SARAH HEARD, CHAIR                |
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