

**Before the Board of County Commissioners
Martin County, Florida**

A Proclamation

Declaring Ditch the Device Day in Martin County, Florida

Whereas, we cannot afford to fail to pay attention to our children in that suicide is the second leading cause of death for individuals ages 15-25; and

Whereas, studies conducted by the Center on Addiction and other entities consistently find that when children have healthy connected relationships with parents, they experience more open lines of communication and are less likely to engage in risk behaviors; and

Whereas, Ditch the Device Day encourages the practice of family members to put away their devices or disconnect as they engage in everyday activity; and

Whereas, Ditch the Device Day reflects the importance of connecting with your children and how parental engagement is one of the most potent tools to help parents raise healthy children.

Now, therefore, be it proclaimed by the Martin County Board of County Commissioners that September 10, 2019 is Ditch the Device Day in Martin County. Further, the Board encourages all families to honor the importance of spending time connecting as a family.

Presented this Tenth Day of September 2019

ATTEST:

BOARD OF COUNTY COMMISSIONERS

CAROLYN TIMMANN, CLERK OF THE
CIRCUIT COURT AND COMPTROLLER

EDWARD V. CIAMPI, CHAIRMAN

HAROLD E. JENKINS II, VICE CHAIRMAN

DOUG SMITH, COMMISSIONER

STACEY HETHERINGTON, COMMISSIONER

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