

APPLICATION FOR APPOINTMENT – Treasure Coast Health Council –

Please Print

Type of Member:  ☒ Health Care Provider ☐ Health Care Purchaser ☐ Health Care Consumer

Check One: ☐ Mr. ☐ Mrs. ☐ Ms. ☐ Miss ☒ Dr.

Name: Teena White

Incumbent

RECEIVED

By Donna Gordon at 8:04 am, Oct 13, 2025

Residence Address: 2311 SW Essex Ct, Palm City, FL 34990

Street/City/Zip Code

Mailing Address: _____
(if different) Street/City/Zip Code

Commission District in which you reside: 5 ^{5^{dg}} Staff will complete.

Are you available year round to attend meetings? ☒ yes ☐ no If **no**, what months **are** you available?

Telephone numbers: daytime: 215-1625 alternate: _____ alternate: _____
~Area Codes are considered 772 unless noted otherwise.

EMAIL: white.teena@gmail.com

Have you ever pled guilty or “no contest” to a crime, been convicted of a crime, had adjudication withheld, prosecution deferred, been placed on probation, received a suspended sentence or forfeited bail in connection with any offense (except minor traffic violations)? Please show all convictions, including driving while intoxicated (DUI) convictions. ☐ yes ☒ no If yes, please provide the following information:

TYPE OF OFFENCES: _____

DATES: _____

PLACES (city/state): _____

SENTENCES OR FINES: _____

A conviction record does not necessarily disqualify you for consideration. Factors such as age at time of offense, nature of violation, and rehabilitation will be considered. The Martin County Board of County Commissioners retains the right to remove, at will, any appointee to a Board or Committee with or without cause.

EDUCATION/EXPERIENCE: A resume is recommended to be attached containing this and any other information that would be helpful to the Board in evaluating your application. Resume or letter of qualifications attached? ☒ yes ☐ no

Education: Doctorate of Nursing- University of Florida

→ CONTINUED →

Employment Experience: See attached resume

Other experience you feel would be helpful to the Board in making this appointment: _____

35 years of healthcare experience

Community Experience and Affiliations: Treasure Coast Nurse Practitioners-President

Other County Boards/Committees/Task Forces on which you have served: _____

Health Care Review Board, Health Council of Southeast Florida Board of Directors,

Martin County Health Facilities Authority, Library Board of Trustees, Affordable Housing Advisory Committee

Do you or any member of your immediate family work for Martin County or do you or a company that you are an officer or employee of have an existing contract with Martin County? If yes, please explain:

No

REFERENCES: Please list two references:

Andrea Stephenson

Dr. Jennifer Doak

- Applicant may be required by State Law and County Ordinance to file a Financial Disclosure Statement as part of the appointment process.
- Florida law prohibits an advisory board member from doing business with its agency (the County). Sections 112.313(3) and (7), Florida Statutes. However, upon full disclosure by the Applicant, the conflict may be waived at the discretion of the Board of County Commissioners by a supermajority vote. Section 112.313(12), Florida Statutes.



Signature: Teena White DNP, APRN

Date: 10/10/25

Applications must be filed with Martin County Administration, 2401 SE Monterey Road, Stuart, Florida 34996 **by Friday, October 10**, 2025. All information submitted becomes public record. If you have any questions, please call (772) 221-1352 or send email to dgordon@martin.fl.us.

Teena-Louise Jones White DNP, APRN

2311 SW Essex Ct
Palm City, FL, 34990
#772-215-1625
white.teena@gmail.com

Education:

University of Florida, Gainesville, Florida
Doctor of Nursing Practice (DNP) with minor in Public Health
August 2007-April 30, 2010

Barry University, North Miami, Florida
Master of Science in Nursing (MSN)/Advanced Registered Nurse
Practitioner (ARNP)-Family Practice (FNP)
1996-1998

Barry University, North Miami, Florida
Bachelor of Science in Nursing (BSN)
1994-1996

Indian River State College, Ft. Pierce, Florida
Associate degree in nursing (ADN)
1987-1989

Experience:

Family Nurse Practitioner/APRN-DNP
St. Lucie County Wellness
Ft. Pierce, Port St. Lucie

- Autonomous license
- DEA
- Medicare/Medicaid Provider
- Primary Care-Onsite and Telehealth with focus on Acute and Chronic illness including but not limited to Metabolic syndrome, Diabetes, HTN, Hyperlipidemia, Hashimoto's, Obesity, Weight loss and Women's Health.
- Occupational/Employee Health
- Urgent care

April 2015-present (per diem)

Professor of Nursing
Indian River State College, Ft. Pierce, FL
Tradition Medical Center, Port St. Lucie, FL

- Lecture and clinical in all phases of nursing in the Associate Degree of Nursing (ADN) program and Bachelor of Science in Nursing (BSN) program, both traditional and online programs.
- Culture and Diversity and Community Health.

October 2003-present

BLS Instructor
American Heart Association

- Provide instruction for BLS Healthcare Provider, Heartsaver and First Aid certification and recertification.

1991-present

Nursing Supervisor/APRN-DNP
Visiting Nurse Association of Florida, Stuart, FL

- Supervision of Registered Nurses, Licensed Practical Nurses, Certified Nursing Assistants, Therapists, Medical Social Workers and support staff for Martin and St. Lucie Counties.

1991-2021

Critical Care Registered Nurse (CCRN)
Martin Memorial Hospital, Stuart, FL
1987-1991

Professional Memberships:

- American Association of Nurse Practitioners (AANP)
- Florida Nursing Association (FNA)
- American Nursing Association (ANA)
- National League of Nursing (NLN)
- Sigma Theta Tau Nursing Honor Society

Community service:

- Treasure Coast Nurse Practitioners (June 15, 2022-present)- President
- American Association of University Professors (AAUP)-IRSC Chapter President (2021-2025)
- Martin County Health Care Review Board (2022-2024)
- Health Council of Southeast Florida Board of Directors (November 24, 2021-present)
- Martin County Library Board of Trustees (September 30, 2017-present) Co-Chair
- Martin County Health Facilities Authority- Chair (April 2011-present)

- Martin County Affordable Housing Advisory Committee (April 2012-present)
- Martin County School Board Calendar Advisory Board (2011-2024)
- Martin County Healthy Start Executive Board of Directors-(April 2010-present) President (April 2016-2018); VP (2014-2016); Secretary (2012-2014)
- Junior League of Martin County- (September 2012-present) President (2019-2021); President-Elect (2018-2019); VP (2017-2018); EVP (2015-2017); Nominating (2016); Reindeer Dash 5K Chair (2014); dual placement Community Research and Fund Development (2013).
- Florida State Public Affairs Committee- Treasurer (July 2021-present); President Council Chair (July 2019-2020); Human Trafficking Chair (July 2018-2019)
- Florida PTA Board of Directors- East Region Rep- (2020-2024); Region 7 Rep-Southeast Florida (July 2018-July 2020)
- Florida PTA Healthy Child- Committee member (2018-2024)
- Martin County PTA Council- (December 2019-2024) Immediate Past President; founding member
- Martin County Gator Club- President (June 2013-May 2017) Region I RVP Award 2012-2013 and 2016-2017, Most Improved In-State Gator Club 2013-2014, Impact Club Award 2017-2018
- University of Florida College of Nursing Alumni Council (2014-present) Treasurer 2022-2024
- Bessey Creek Elementary PTA- (September 2011-2018) President (May 2016-2018); VP (2013-2015); Nominating (2012)

Awards:

- Martin County Healthy Start- Healthy Heart Award (2019)
- Martin County Soroptomist Club- Woman of Distinction Nominee (2018)
- Indian River State College President's Award (2013)
- Employee of the Year- Visiting Nurse Association (1998)