

# APPLICATION FOR APPOINTMENT – Martin County Drug and Alcohol Abuse Awareness Committee – **Please Print**

## Type of Member:

- |   |  |
|---|--|
| <input type="checkbox"/> City of Stuart representative                      | <input type="checkbox"/> State Attorney's Office representative                  |
| <input type="checkbox"/> Clerk of the Circuit Court representative          | <input type="checkbox"/> Town of Jupiter Island representative                   |
| <input type="checkbox"/> Board of County Commissioners representative       | <input type="checkbox"/> Town of Sewall's Point representative                   |
| <input type="checkbox"/> Public Defender's Office representative            | <input type="checkbox"/> Circuit Court Judge – 19 <sup>th</sup> Judicial Circuit |
| <input type="checkbox"/> Martin County School Board representative          | <input checked="" type="checkbox"/> Treatment Representative                     |
| <input type="checkbox"/> Martin County Sheriff's Office/Jail representative | <input type="checkbox"/> Private Citizen who resides in Martin County            |
|   | <input type="checkbox"/> Youth member (non-voting)                               |

Check One:  Mr.  Mrs.  Ms.  Miss  Dr.

Name: Dr. Alethia DuPont, Psy. D.

**RECEIVED**  
By Donna Gordon at 9:19 am, May 18, 2023

Residence Address: 349 SE Verada Ave. Port St. Lucie FL 34983  
Street - City - Zip Code

Mailing Address: \_\_\_\_\_  
(if different) Street - City - Zip Code

Commission District in which you reside: X Staff will complete.

Are you available year round to attend meetings?  yes  no If **no**, what months **are** you available?

Telephone numbers: daytime: 239-209-7835 alternate: \_\_\_\_\_ alternate: \_\_\_\_\_  
Area Codes are considered 772 unless you note otherwise.

EMAIL: alethia@tykesandteens.org

**Have you ever** pled guilty or "no contest" to a crime, been convicted of a crime, had adjudication withheld, prosecution deferred, been placed on probation, received a suspended sentence or forfeited bail in connection with any offense (except minor traffic violations)? Please show all convictions, including driving while intoxicated (DUI) convictions.  yes  no If yes, please provide the following information:

TYPE OF OFFENCES: \_\_\_\_\_

DATES: \_\_\_\_\_

PLACES (city/state): \_\_\_\_\_

SENTENCES OR FINES: \_\_\_\_\_

*A conviction record does not necessarily disqualify you for consideration. Factors such as age at time of offense, nature of violation, and rehabilitation will be considered.*

**→ CONTINUED →**

**EDUCATION/EXPERIENCE:** A resume is recommended to be attached containing this and any other information that would be helpful to the Board in evaluating your application. Resume or letter of qualifications attached?  yes  no

Education: \_\_\_\_\_

Employment Experience: \_\_\_\_\_

**Other experience** you feel would be helpful to the Board in making this appointment: I oversee Tykes and

Teens substance abuse intervention & DBT groups which keeps me abreast of substance use among our youth.

I was the Clinical Administrator of a Florida treatment center. I also have a doctorate degree/certification in substance abuse.

Community Experience and Affiliations: \_\_\_\_\_

The following I attend regularly FAU CARD ASD and MH Task Force, Martin County Health Equity Taskforce, Ignite Youth Alliance Intervention Team, MC DJJ Committee, & Circuit 19 Juvenile Justice Advisory Board

Other County Boards/Committees/Task Forces on which you have served: I've accepted an invitation to sit on the board of Love And Hope In Action, Inc. (LAHIA).

Do you or any member of your immediate family work for Martin County or hold a position that might conflict with your duties for this Board/Committee/Task Force? If yes, please explain: NO

**REFERENCES:** Please list two references:

Anne Posey, LMHC, NCC

Dorothy Oppenheiser

- Applicants may be required by State Law and County Ordinance to file a Financial Disclosure Statement as part of the appointment process.
- Under penalties of perjury, I declare that I have read the foregoing and that the facts stated in it are true. (Pursuant to Section 92.525 Florida Statutes, falsifying this application is a Third Degree Felony punishable by up to five years imprisonment and up to a \$5,000 fine.)
- Florida law prohibits an advisory board member from doing business with its agency (the County). Section 112.313(3) and (7), Fla Stat.

→ Signature:

Arthur Dubont, Psy D.

Date: 5/18/2023

Applications must be filed with Martin County Administration, 2401 SE Monterey Road, Stuart, Florida 34996 **by Friday, May 19, 2023**. All information submitted becomes public record. If you have any questions, please call 221.1352 or send email to [dgordon@martin.fl.us](mailto:dgordon@martin.fl.us).

# **Alethia DuPont, Psy. D.**

## **Licensed Clinical Psychologist**

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### **EDUCATION**

**Adler School of Professional Psychology, Chicago, IL** **9/2006 – 8/2011**

Accredited Programs: APA

Doctorate in Clinical Psychology

*Certificate in Clinical Hypnosis*

*Certificate in Substance Abuse Counseling*

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**Lewis University, Romeoville, IL** **9/2003 – 12/2005**

Counseling Psychology/Masters of Arts

Specialization in Child and Adolescent Counseling

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**Lewis University, Romeoville, IL** **9/2001 – 12/2003**

Bachelors of Arts in Psychology

Minor in Sociology

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**Western Illinois University, Macomb, IL** **8/1994 – 9/1997**

Bachelors of Arts in Psychology (transferred)

### **CLINICAL EXPERIENCE**

**Tykes and Teens** **September/2017-Present**

3577 SW Corporate Parkway

Palm City, Florida 34990

Licensed Clinical Psychologist

Director of General Mental Health, Outpatient & Testing Services (**August 2022 – Present**)

Director of Outpatient Services (**April 2021 - Present**)

Coordinator of Outpatient Services (**October 2019 – April 2021**)

Trauma Informed Mental Health Consultant (**June 2019 – Present**)

Mental Health Therapist (**September 2017 - Present**)

Supervisor: Agnieszka Marshall, Psy. D.

Responsibilities: To provide quality mental health services to children, adolescents, and their families by providing psychotherapeutic interventions to children and their families, including assessing treatment needs, developing and reviewing treatment plans and determining discharge criteria. Duties also include completing daily billing, QA/QI tools, 2 peer reviews and maintaining intake forms, accurate timing for treatment progress notes, as well as documentation and discharge planning. Maintaining a caseload of a

minimum of 6 clients, attaining at least 15 continuing education units each year, attending weekly and monthly staffing and administering psychological testing as needed. Provide mental health consultation to partners within Martin, Indian River, Palm Beach and Saint Lucie Counties for Children Services Council and facilitate Trauma Informed training for the Boys and Girls Clubs of Martin County. Maintain and aggregate data for the Department of Juvenile Justice for their Building Asset program implemented with the Boys and Girls Clubs in Martin County. Meet with assigned clinicians regularly to assure monthly reports are completed timely, paperwork is maintained, and evaluations are executed. Coordinate for STARS substance abuse groups which includes inputting pre and posttests mandated by the Children Services Council. Administer Psychological testing to clients in agency and to individuals referred within the community. Attend and sit on multiple community partner board meetings.

**Elevations Health**

**January/2016-Nov/2016**

12974 Forest Hill Blvd  
Suite 18G  
Wellington, Florida 33414

Clinical Administrator

Supervisor: Sharon Sinclair, LMHC

Responsibilities: The duties and responsibilities of this position are complex and require knowledge of the agency's policy, procedures, contracts/memorandum of agreements (MOA) and program activities. Utilize independent judgment, strong initiative and decision - making skills in order to provide technical complex clerical and administrative support to the clinicians, and administrators. Coordination, planning and the scheduling of events and presentations are an important part of this position. Generate monthly reports as identified. Establish safety procedures and practices in the workplace that complies with information security policies, protocols and procedures. Maintain confidential information in accordance with the HIPAA, Information Security Policy, Protocols, Procedures and CFR-42. Update and release information when necessary. Confidential Information Sets: Social Security Data, Human Resources Data, Employee Records, Administrative and Clinical Information.

Complete assignments and assist the Executive Management and staff in the collection of data and preparation of reports. Assist the Executive Management in coordination of activities within the agency and with the community and collaborative partners. Manage all aspects of measuring outcomes related to Partners for Change Outcome Management Systems (PCOM's). Ensure data integrity. Meet with clinicians to review data. Works closely with My Outcomes software and report outcomes monthly at Management Team meetings. Conduct the family program sessions. Maintain charts/files/records to ensure they are in compliance with standards set forth by DCF and ensure that all records are maintained according to agency standard.). Manage compliance of all DCF and Joint Commission requirements including submission of applications, Policy and Procedure manuals. Work closely with Director of Operations, other managers and administrative staff to ensure continuity of services and the agency is in compliance. Assist CEO and COO in ensuring that all clients' needs are met in accordance with Outpatient Detoxification, Residential V, Day & Night Treatment Services, Intensive Outpatient and Outpatient Services. Assist Executive Management with working directly with psychiatrists, MD's and other

professionals to ensure continuity of client care. Make independent decisions in the processing of routine correspondence, investigate subject matter and prepare appropriate responses and drafts of memorandum and correspondences. Act as administrative assistant to the CEO, CFO/Managing partner.

Manage the training department with all matters pertaining to training programs held by the agency. Provide CEU's to professionals and conduct monthly trainings as needed. Ensure all clinicians have their annual CEU's. Monitor and assemble participants' records and ensure certificates are prepared and distributed at the completion of each training program. Assist in the preparation of proposals and invoices. Work closely with finance department to ensure deposits are prepared in a timely manner for bank pick up. Assist Program Director with CE Broker and Florida Certification Board CEU's program to ensure compliance. Coordinate activities within the agency and with the community and collaborative partners. Work with Finance Manager on Human resources files. Ensure references and licensure are checked and valid.

Conducts intakes, individual counseling sessions, group sessions, clinical psychosocial and psychological assessments, and mental health evaluations when needed. Assist CEO in facilitating staff meetings and clinical staff meetings weekly. Attend management meeting and take minutes.

### **POST DOCTORAL EXPERIENCE**

**Center For Behavioral Healthcare, P.A.**  
1044 Castello Drive  
Suite 210  
Naples, Florida 34103

**April/2012-May/2013**

Post-Doctoral Resident/ Post-Doctoral Fellow

Supervisor: Cheryl Kasprzak, Psy.D.

Responsibilities: Provided psychotherapy for diverse higher to lower SES population. The population was comprised of African American, Caucasian, Hispanic and Bi-Racial children, adolescents and families. Administered psychological testing for clients referred via local pediatricians and other providers within our network. Provided feedback sessions with clients and family. Conducted state scheduled psychological testing for the Department of Disability Determinations. Reported to the Department of Disability Determinations a broken/kept report of scheduled claimants. Prepared testing materials for all scheduled claimants weekly. Maintained clinical hours, testing log and supervision hours.

### **INTERNSHIP EXPERIENCE**

**Will County Health Department, Joliet, IL**  
501 Ella Avenue  
Joliet, Illinois 60436

**July/2010 - Sept/2011**

*Doctoral Intern*

Supervisor: Dr. Gray, Psy. D

Responsibilities: Updating the psychological triage list weekly, monitoring incoming psychological testing referrals from the courts, probation and interoffice. Assign psychological testing referrals to doctoral interns and practicum students as well as track and log progress. Collect raw data, log completed testing into Will County database and file in medical records. Schedule psychiatric evaluations for court ordered referrals, track and log completion and correspond with the courts regarding diagnoses and recommendations. Facilitate "Say It Out Loud" curriculum to Joliet Township Central High School students in an effort to reduce stigma of mental illness in the schools. Maintain practicum students' clinical hours and testing clients' log, distributing weekly psychological testing reports to clinic supervisors, interns, and staff. Assist supervisor with clerical and project support as assigned. Ordering psychological testing materials as needed.

*Substance Abuse Counselor*

Supervisor: Dr. Cox, Psy. D

Responsibilities: Conduct substance abuse assessment and treatment, and referral and linkage services to other needed resources and programs in the Will County area for a diverse middle to lower SES population. The population is comprised of African-American, Caucasian, Hispanic, Asian-American, and Bi-Racial high school age adolescents. Perform intake interviews; including case disposition and treatment recommendations. Facilitate a Substance Abuse Group. Responsibilities for the group included creating group activities, writing treatment plans and case notes for group members and assessing individual members' progress towards treatment goals. Work closely with mandated individuals to fulfill recommendations of the court. Refer clients for psychological and psychiatric testing. Receive supervision and present cases in group and individual supervision practicum meetings. Assign court ordered substance abuse assessments to Will County substance abuse counselors, supervise substance abuse externs, track recommendations and treatments of mandated clients and consult with probation officers, states attorneys, public defenders and detention centers.

**PRACTICUM EXPERIENCE**

**Will County Health Department, Joliet, IL**  
501 Ella Avenue  
Joliet, Illinois 60436

**August/2009 - July/2010**

*Substance Abuse Extern*

Supervisor: Dr. Troiani, Ph. D., CADC

Responsibilities: Conduct substance abuse assessment and treatment, and referral and linkage services to other needed resources and programs in the Will County area for a



Responsibilities: Included providing direct client services through activities such as individual youth counseling, marital/family counseling, intake interviewing, career counseling, consultations, psycho-educational programs, and workshops. The population was comprised of middle to lower SES African-American, Caucasian, Hispanic, Bi-Racial, and Native American children and adolescents ranging from 7 to 39 years of age. Co-conducted and co-coordinated court mandated male youth anger group psychotherapy. Responsibilities for the group included, creating group activities, writing treatment plans and case notes for group members and assessing individual members progress towards treatment goals. Received supervision and presented cases in case conference staff meetings.

**Premier Academy Alternative School, Joliet, IL**      **February/2005 - October/2005**  
*Master's Internship*

Supervisor: Dr. O'Riordan, Ph.D., Licensed Clinical Psychologist  
Dr. Rita Gray, Psy. D., Licensed Clinical Psychologist

Responsibilities: Provided psychotherapy for diverse youth and adolescents. The population was comprised of middle to lower SES African-American, Caucasian, Hispanic and Bi-Racial children and adolescents ranging from 12 to 17 years of age. Performed intake interviews and assessments; including case disposition and treatment recommendations. Was the facilitator of the female youth Problem Solving Group. Responsibilities for the group included, creating group activities, writing treatment plans and case notes for group members and assessing individual members progress towards treatment goals. Received supervision and presented cases in case conference staff meetings.

**River Valley Detention Center, Joliet, IL**      **February/2005 - October/2005**  
*Master's Internship*

Supervisor: Dr. O'Riordan, Ph.D., Licensed Clinical Psychologist  
Dr. Rita Gray, Psy. D., Licensed Clinical Psychologist

Responsibilities: Provided brief counseling, presentations, and activities to detained male and female youths. The population was comprised of middle to lower SES African-American, Caucasian, Hispanic and Bi-Racial children and adolescents ranging from 12 to 16 years of age. Performed intake interviews and assessments; including case conceptualization and treatment recommendations. Co-facilitated male, female, and co-ed anger, peer mediation, and open forum groups. Received supervision and presented cases in case conference staff meetings.

**Illinois Department of Children and Family Services**  
**Aurora, IL**      **June/1996 - August/1996**  
*Bachelor's Internship*

Supervisor: Thomas Jones, M.A. Social Work

Responsibilities: Reviewed files of previously placed children, accompanied social workers on routine visits to foster homes, facilities, and homes of individuals under investigation for numerous allegations, and sat in on court cases. The population was comprised of middle to lower SES African American, Caucasian, Hispanic and Bi-Racial children and adolescents ranging from 5 to 15 years of age. Prepared caseloads for upcoming days and typed out case notes for various clients seen throughout the day. Provided feedback to supervising social worker indicating my thoughts on how perspective removal clients presented while social worker was inspecting their residence.

**Illinois Department of Children and Family Services  
Joliet, IL**

**June/1996 - August/1996**

*Bachelor's Internship*

Supervisor: Thomas Jones, M.A. Social Work

Responsibilities: Reviewed files of previously placed children, accompanied social workers on routine visits to foster homes, facilities, and homes of individuals under investigation for numerous allegations, and sat in on court cases. The population was comprised of middle to lower SES African American, Caucasian, Hispanic and Bi-Racial children and adolescents ranging from 5 to 15 years of age. Prepared caseloads for upcoming days and typed out case notes for various clients seen throughout the day. Provided feedback to supervising social worker indicating my thoughts on how perspective removal clients presented while social worker was inspecting their residence.

**RELATED CLINICAL EXPERIENCE**

**ChildServ, Norridge, IL**

**January/2007 - June/2007**

*Community Service Practicum Extern*

Supervisor: Jean Becker, Director of Program Evaluations

Responsibilities: Conducted a needs assessment to examine all aspects of a child and family service center's day-to-day operations, identify program strengths, and weaknesses. The needs assessment assures that the center is culturally aware and responsive. The goal of the assessment is to develop sites into efficient and effective full family service centers. The needs assessment assessed the child and family centers' governance, outreach, child and family programs, activities, parent education and development, one-on-one time with families, community involvement, on-site environment, home visiting, staff roles and abilities, and monitoring and evaluation practices. In addition, staff surveys were distributed to assess the internal atmosphere of each center and interns accompanied and observed staff members on home visits.

**Lamb's Fold Center for Women and Children  
Joliet, IL**

**October/2007 - November/2007**

***Volunteer Parenting Facilitator***

Supervisor: Dr. Mansager, Psy.D., Licensed Clinical Psychologist

Responsibilities: Co-facilitated a supervised 9-week long parenting class. Taught knowledge and skills in child guidance and parenting based upon Adlerian principles to women over the age of 18 who found themselves homeless or victims of domestic violence.

**PROFESSIONAL CLINICAL EXPERIENCE**

**Say It Out Loud**

**August/2009 - August/2011**

**Joliet, IL**

***Curriculum Facilitator***

Sponsored by the State of Illinois Department of Human Services, Division of Mental Health, and the Illinois Children's Mental Health Partnership

Responsibilities: Teach the Say It Out Loud curriculum to Joliet Township Central High School students in an effort to reduce stigma of mental illness, build a longer and stronger base of support for individuals with mental health challenges, and to promote the social and emotional development and mental health of children and to encourage parents to seek mental health supports for their children when needed.

**Dreikurs Psychological Services Center**

**Chicago, IL**

**August/2006 - August/2008**

***Office Manager Assistant***

Director: Dr. Dan Barnes, PhD., Licensed Clinical Psychologist

Responsibilities: Included providing direct client services through activities such as using judgment and exercising discretion when dealing with different client presentation at point of reception. Assisting director with clerical and project support as assigned, opening and closing the clinic, scheduling intakes, assisting walk-ins, billing and collecting fees from clients prior to their sessions. Ordering psychological testing materials as needed, ensure the routing of confidential files and charts to clinicians, administering and scoring the A-II and the PDSQ psychological screening assessments. Updating the triage list weekly, monitoring demographics and diagnosis of all clients of the clinic, maintaining intern's and extern's clinical hours and client log, distributing weekly reports to clinic supervisors, interns, and externs, and maintaining a cooperative working relationship with psychologists, students, intern and extern service providers.

**Catholic Charities Diocese of Joliet**

**Kankakee, IL**

**August/2004 - May/2005**

***Case Manager of Senior Service***

Supervisor: Debbie Baldauff, M.A. Counseling Psychology

Responsibilities: Maintained a caseload of approximately 100 clients. Conducted comprehensive needs assessments in client's home to determine the older person's functioning level and to review physical, mental, emotional, social, and economic conditions. Responsibilities included completing initial, intermediate, and annual assessments and conducting nursing home pre-screenings. Determined client eligibility for benefits and individual service programs, including state, federal, and local programs. Established written care plan with the client and family to identify available services and problem-solving efforts to enable the client to live with maximum possible independence. Provided active intervention and advocacy on behalf of the client to gain access to and receive needed formal and informal services. Monitored clients by phone and in person according to each individual client needs. Created and maintained confidential case records. Maintained a cooperative working relationship with service providers and organizations offering supportive services to older adults to ensure prompt services implementation and adjustments in response to changes in the client's status.

### **POSTER PRESENTATIONS**

DuPont, A. (2009). *The building esteem support team (B.E.S.T.): Adapting the B.E.S.T.'s Prevention/Intervention Anger Management program specifically for the Hispanic/Latino community in the Will and Grundy Counties*. Poster presentation at the Multifaceted Themes of Diversity Conference, Adler School of Professional Psychology, Chicago, Illinois.

DuPont, A. (2009). Understanding and identifying Chicagoland gangs. Presentation at Will County Health Department, Joliet, Illinois.

DuPont, A. and Garfield, J. (2007). *Family service center assessment of ChildServ: Division and Wentworth Sites*. Poster presentation at the Adler School of Professional Psychology, Chicago, Illinois.

DuPont, A. (2007). *Group strategy: Anger management*. Poster Presentation at the Graduate Counsel of the College of Arts and Sciences, Lewis University, Romeoville, Illinois.

Kryszak, A. and Williams (DuPont), A. (2003). *Gender differences in competitive sports*. Poster presentation at the Associated Colleges of the Chicago Area (ACCA) Student Symposium, Elmhurst College.

### **RESEARCH**

Accettura, A., Agustin, J., Allgood, E., Dandridge, L., Ellis, B., Guarino, A., Gusick, J., Kimbrough, J., Peters, J., Williams (DuPont), A. (2003). *Analysis of campus security and lighting*. Applied Sociology Research Team, Lewis University, Romeoville, Illinois.

DuPont, A. (1994). The building esteem support team (B.E.S.T.): Co-founding and adapting the B.E.S.T.'s Prevention/Intervention Anger Management program specifically for the Hispanic/Latino community in the Will and Grundy Counties.

DuPont, A. (2010, November). *Social adjustment and gender differences among substance abusing and non-substance abusing outpatients in a community mental health clinic*. Dissertation for the Adler School of Professional Psychology.

DuPont, A. and Garfield, J. (2007) Family service center assessment of ChildServ: Division and Wentworth Sites. Chicago, Illinois.

Kryszak, A. and Williams (DuPont), A. (2003, April). *Gender differences in competitive sports*. Investigative research.

### **PROFESSIONAL ACTIVITIES**

**Adler School of Professional Psychology, Chicago, IL** **April/2009 - 2010**  
**International Committee**  
***Student Board Member***

Responsibilities: Organize and assist with planning upcoming events and programs. Provide a student perspective during meetings with core faculty and staff. Organize and assist with the Alternative Summer Breakaway trip to Pine Ridge, South Dakota. Plan the power point presentation on Pine Ridge Reservation for the Adler School, faculty and staff. Assist with bringing socially responsible speakers to the Adler School.

**Adler School of Professional Psychology, Chicago, IL** **August/2008 -2010**  
***Workstudy Student***

Supervisor - Mitzi Norton, Director of the Office of the President & Board Secretary of the Adler School of Professional Psychology

Responsibilities: Assists executive assistant with clerical and project support as assigned. Ordering office materials as needed, billing for payment, and insuring the routing of confidential files and charts. Participating in any extracurricular presentations, programs, demonstrations and activities on and off campus.

**Western Illinois University, Macomb, IL** **1994 - 1996**  
**Latin American Student Organization**  
***Student Board Member***

Responsibilities: Participated in extracurricular presentations, programs, demonstrations and activities on and off campus. Took minutes as board secretary and was a liaison to Sigma Lambda Gamma Sorority and Sigma Lambda Beta Fraternity.

**Western Illinois University, Macomb, IL**  
**International Friendship Club**  
*Public Relations Officer*

**1994 - 1996**

Responsibilities: Participated in extracurricular presentations, programs, demonstrations and activities on and off campus. Assisted with the construction of stages and props, planned entertainment segments, and designed all activities involving the annual International Friendship Bazaar and talent show. Took notes was a liaison to Sigma Lambda Gamma Sorority and Sigma Lambda Beta Fraternity.

**WORKSHOP/CONFERENCE/PARTICIPATION**

**Will County Public Health Forum II**  
**Mobilizing for Action through Planning and Partnerships (MAPP)**  
**New Lenox, Illinois 2011**

Will County community needs assessment and strategic plan.

**Autism - Streamwood Behavioral Health Systems**  
**Lockport, Illinois 2010**

Attended the training on autism and how to work efficiently and effectively with this population.

**Co-Occurring Disorder Cross Divisional Conference - The Illinois Co-Occurring Center for Excellence & Illinois Department of Human Services Division of Alcoholism and Substance Abuse**  
**Chicago, Illinois 2010**

Attended the training on Service Transformation, Undergoing Change: NIATx & Dual Diagnosis Capability, Living for Change: Harm Reduction & Substance Use Management, and Individual Placement & Support: Putting the Human in Human Services.

**11<sup>th</sup> Annual Spring Fling for Autism Awareness Conference - Chicago-land Autism Connection**  
**Chicago, Illinois 2010**

Attended Psychopharmacology for Children & Adolescents & Adults and the Assessment of Autism Spectrum Disorder workshops.

**Violence Solutions Conference - B.E.S.T. / Anger Adjusters / A.T.M. Program Joliet, Illinois April 2010**

Participated in the conference as a commentator (Founder of the B.E.S.T.) and assisted with the filming and promoting of the conference.

**The Perils of Preventative Law Enforcement - Professor David Cole**  
**Chicago, Illinois October 2009**

Assisted the Institute on Social Exclusion with registration and welcoming of all participants and attendees to the conference.

**Neglected Infections of Poverty - Peter Hotez  
Chicago, Illinois March 2009**

Assisted the Institute on Social Exclusion with registration and welcoming of all participants and attendees to the conference. Assisted with the layout of the conference area.

**Admissions Day Panelist**

***Question and Answer Seminar***

**Adler School of Professional Psychology, January 2008**

Participated as a panelist in welcoming incoming students and sharing personal Adler experiences as graduate students. Also, engaged students in a question and an answer session. Provided Adler administrators with feedback on possible prospective students.

**Hispanic Leadership Conference, Chicago, Illinois, 1998**

Attended programs intended to enhance the training of Hispanic student leaders by promoting education and providing opportunities for advance leadership skills. The programs were based on the values of cultural pride, integrity, and empowerment.

**Latino/Latina March on Washington DC, 1996**

National Civil and Human Rights Rally to protest and speak for amnesty for undocumented immigrants who entered before 1992 and acceleration of the naturalization process; Enforcement of labor laws and a \$7 minimum wage; Establishment of civilian police review boards; Health care for all; Quality education for all; Equal opportunity for all and support for affirmative action; and Human and constitutional rights for all.

**PRESENTATIONS/ TRAININGS**

Promoting Healing Centered Engagement through Trauma Informed Care, by Dr. Alethia Dupont, Psy.D., Director of General Mental Health, Outpatient and Testing Services, and Dorothy Oppenheiser, Director of Prevention Services, Tykes & Teens. March 2, 2023

Neurobiology and Mental Health August 18, 2021 (Facilitated/Created)

Unmute Equity Training February 3, 2021 2 hours (Facilitated/Created)

**SPECIALIZED TRAINING**

Windows of Tolerance in the Sandtray May 10, 2023 Provided by Tykes and Teens, Inc. Palm City, Florida Provider # BAP 50-21160 exp. 3/31/2025 1.5 CEU's

QPRT Suicide Risk Detection, Assessment and Management Training by Hanley Center May 1, 2023 6 hours

DMA: Mental Health Examinations by US Department of Veterans Affairs April 28, 2023, 2 hours

Social/Economic Barriers and Strategies to Address Health Disparities by Dr. Melissa Howard Clinical Associate Professor Dr. Claudia Pinzon Research Specialist April 25 & 26, 2023, 8 hours

DMA: Military Sexual Trauma and the Disability Examination Process - Update 2022 by US Department of Veterans Affairs April 20, 2023, 1 hour

WRIISC Mod 1: Assessing Deployment Related Environmental Exposures by US Department of Veterans Affairs April 17, 2023, 1 hour

MDE: Understanding Military Culture and Veterans by US Department of Veterans Affairs April 17, 2023, 1 hour

MDE Suicide Awareness and Prevention by US Department of Veterans Affairs April 17, 2023, 1 hour

Polyvagal Theory and Autism by Kristin Bolomey, Psy. D. April 6, 2023, FAU Card ASD and Mental Health Task Force/Sandy Pines 1 CEU

MDE Gulf War General Medical Exam Certification by US Department of Veterans Affairs April 6, 2023, 1.5 hours

MDE Medical Opinion Certification by US Department of Veterans Affairs April 5, 2023, 2 hours

MDE | PACT Act: Key Terms & Medical Opinions for Examiners by US Department of Veterans Affairs April 4, 2023, .5 hours

MDE Lethal Means Safety by US Department of Veterans Affairs April 4, 2023, .25 hours

DMA General Certification Overview by US Department of Veterans Affairs April 4, 2023 1 CEU

Opioid Awareness Training by Martin County Human Services – Michelle Miller March 21, 2023 2 hours

Exploring the Connection Between Autism Spectrum Disorder and Eating Disorders by Rebecca Berman, LCSW-C, CEDS-S, MLSP, Clinical Training Specialist, Renfrew Center for Eating Disorders February 2, 2023 FAU Card ASD and Mental Health Task Force/Sandy Pines 1 CEU

CPR / AED / First-Aid (Adult / Child / Infant / Choking) AED / Injury & Universal Precautions National CPR Foundation - Valid for 2 years. Course administered in

accordance with the ECC/ILCOR and AHA® guidelines. 2020 ID#:C1434ED COURSE PROVIDED BY: Completion: January 20, 2023 Instructor: Paul J. Scruton

ACT: Family Therapy with a Focus on BSFT January 18, 2023 Provided by Tykes and Teens, Inc. Palm City, Florida Provider # BAP 50-21160 exp. 3//31/2023 1.5 CEU's

Fau card asd and mental health task force - improving mental health for those with autism. December 1, 2022 by UHS Youth Services 1 CEU

Telebehavioral Health for Counselors September 9, 2022 by Florida Certification Board Provider # 5033-A Exp. Date 12/31/2022 3 Hours

Fau card asd and mh task force - translational neuroscience in asd psychopharmacology - a clinician perspective. September 1, 2022 by UHS Youth Services 1 Hour

Preventing Medical Errors: Best Practices for Mental Health Professionals – Psychologists September 1, 2022 CEU4Less.com CE Provider #50-10860 2-Hours.

Translational Neuroscience in ASD Psychopharmacology September 1, 2022 by FAU CARD Mental Health Task Force CEU's .

Motivational Interviewing ACT Training August 24, 2022 Provided by Tykes and Teens, Inc. Palm City, Florida Provider # BAP50-21160 exp. 3/31/2023 1.5 CEU's

Mandatory Annual Training Day 2 Professional Documentation: Treatment Planning August 4, 2022 Provided by Tykes and Teens, Inc. Palm City, Florida Provider # BAP 50-21160 exp. 3/31/2023 3 CEU's

Mandatory Annual Training Day 1 Professional Documentation: Assessments August 3, 2022 Provided by Tykes and Teens, Inc. Palm City, Florida Provider # BAP 50-21160 exp. 3/31/2023 3 CEU's

The Internal Family Systems Approach to Psychedelic Experiences July 28, 2022 by Richard Schwartz, PhD Provider number 50-399. Tracking number: 20-931470.

Psychedelics & Racial Justice July 28, 2022 by Monnica Williams, PhD Provider number 50-399, Tracking number: 20-931464.

The Fantastic Effects of Ketamine Assisted Psychotherapy: A Revolution in Clinical Practice July 28, 2022 by Phil Wolfson, MD Provider number 50-399. Tracking number: 20-931462.

Psychedelic-Assisted Psychotherapies: A Policy Perspective July 28, 2022 by Victor Cabral, MSW, LSW, CCTP-I Provider number 50-399. Tracking number: 20-931458.

Evidence-Based Therapy Practices in Psilocybin-Assisted Interventions July 28, 2022 by Matthew Johnson, PhD Provider number 50-399. Tracking number: 20-931456.

When Psychedelics Hurt: Psychedelic Unpleasant Experiences as a Pathway to Healing July 27, 2022 by Gabor Maté, MD Provider number 50-399. Tracking number: 20-931454.

An Introduction to Ayahuasca for Mental Health Providers July 27, 2022 by Jeffrey Guss, MD Provider number 50-399. Tracking number: 20-926860.

New Models for Ketamine Assisted Psychotherapy July 27, 2022 by Seema Desai, MD Provider number 50-399. Tracking number: 20-924083.

MDMA-Assisted Therapy in the Treatment of Posttraumatic Stress Disorder July 27, 2022 by Ingmar Gorman, PhD Provider Number 50-399. Tracking number: 20-924071.

Psychedelic Harm Reduction and Integration in Clinical Practice July 27, 2022 by Elizabeth Nielson, PhD Provider Number 50-399. Tracking number: 20-924051.

ACT Training: Telehealth Basics and Beyond July 27, 2022 Provided by Tykes and Teens, Inc. Palm City, Florida Provider # BAP 50-21160 exp. 3//31/2023 1.5 CEU's

State of Florida Psychology Laws and Rules Examination July 23, 2022 40 CEU's

ADOS-2 Certification Clinical Workshop Training July 21, 22, & 23, 2022 for 15 contact hours Provided by Chery Klaiman, Ph. D. and ABA Centers of Florida.

Psychopharmacology & Medication Management June 30, 2022 1.5 CEU's Provided by Tykes and Teens, Inc. Palm City, Florida Provider # BAP50-21160

Narcan Training June 30, 2022 1 hour New Horizons Provider Jennifer Timothy

ACT Training: Team CBT Training June 21, 2022 Provided by Tykes and Teens, Inc. Palm City, Florida Provider # BAP 50-21160 exp. 3//31/2023 1.5CEU's

Opioid Overdose Prevention: Recognition and Response Training May 16, 2022 1.5 CEU's Provider # BAP5033-A Exp. Date 12/31/2022. Florida Board of Social Work, Marriage & Family Therapy & Mental Health Counseling Provider #50-1836, Exp. Date 3/31/2023. Florida Board of Nursing Provider #50-1836, Exp. Date 10/30/2023

Homecoming: Decolonized Approaches to Trauma Recovery Dr. Thema Bryant-Davis March 31, 2022 2 CEU's

HIV Testing, Prevention, & Treatment; A Stepwise Approach February 3, 2022 1 CEU Medscapp, LLC

ACT Training: De-Escalating Aggressive clients & Baker Act Overview January 26, 2022  
1.5 CEU's Provider # BAP50-21160 exp. 3/31/2021

Sexual Development Over the Life Cycle November 10, 2021 Provided by Tykes and  
Teens, Inc. Palm City, Florida Provider # BAP50-21160 exp. 3//31/2023 1.5 CEU's

Working with Clients with Developmental Disabilities October 27, 2021 1.5 CEU's  
Provider # BAP50-21160 exp. 3/31/2021

Getting Comfortable with the Uncomfortable Working with the Suicidal Client:  
September 29, 2021 Provided by Tykes and Teens, Inc. Palm City, Florida Provider #  
BAP50-21160 exp. 3/31/2023 1.5 CEU's

Eating Disorders Munch and Learn Workshop September 10, 2021 Provided by Tykes and  
Teens, Inc. Palm City, Florida Provider # BAP50-21160 exp. 3//31/2023 1.5 CEU's

Created and facilitated Neurobiology and Mental Health Munch and Learn August 18,  
2021

Family Dynamics Theory and Interventions May 26, 2021 Provided by Tykes and Teens,  
Inc. Palm City, Florida Provider # BAP50-21160 exp. 3//31/2023 1.5CEU's

Liberation Psychology: Addressing the Wounds of Racial Trauma Given by Dr. Thema  
Bryant-Davis on May 7th, 2021 1.5 hours

Play Therapy for Trauma, Instructor: Ann Beckley-Forest, LCSW-R, RPT-S Dates and  
Times: March 4, 2021, 9:00 am – 12:00 pm, March 4, 2021, 9:00 am – 12:00 pm and  
1:00 pm – 4:00 pm, and March 6, 2021, 10:00 am - 1:00 pm Location: Live Online via  
Zoom 12 CEU's

Play Therapy Models and Applications, Instructor: Ann Beckley-Forest, LCSW-R, RPT-  
S Dates and Times: February 25, 2021, 9:00 am – 12:00 pm, February 26, 2021, 9:00 am  
– 12:00 pm and 1:00 pm – 4:00 pm, and February 27, 2021, 10:00 am - 1:00 pm  
Location: Live Online via Zoom 12 CEU's

Foundations of the Play Therapy Relationship, Instructor: Ann Beckley-Forest, LCSW-R,  
RPT-S Dates and Times: February 11, 2021, 9:00 am – 12:00 pm, February 12, 2021,  
9:00 am – 12:00 pm and 1:00 pm – 4:00 pm, and February 13, 2021, 10:00 am - 1:00 pm  
Location: Live Online via Zoom 12 CEU's

Unmute Equity Training February 3, 2021 2 hours (Facilitated/created by Me)

Community Education Series: Intensive Trauma Therapy December 8, 2020 1 hour  
Tim Sosin, MA, LPC, NCC

ACT workshop: Play Therapy Interventions December 9, 2020 1.5 CEU's

Trauma-Informed Care in Working with Gang-Involved Youth December 2, 2020 2 hours

Creating a Therapeutic Space in a Virtual Environment November 4, 2020 Provider # BAP50-21160 exp. 3//31/2021 1.5 CEU's

Psychodrama IV October 30, 2020 Provider # BAP50-21160 exp. 3//31/2021 6 CEU's

Psychopharmacology & Medication Management October 21, 2020 1.5 CEU's

ACT I Don't Know What I Just Did But I Think It Was Therapeutic October 25, 2020 1.5 CEU's

High Risk Intervention & Policy Act September 30, 2020 1.5 CEU's

Grief Training September 25, 2020 1.5 CEU's

CPR/AED/First-Aid (Adult/Child/Infant/Choking) AED/ Injury & Universal Precautions ID# 132A35 Instructor Paul Scruton Valid for 2 Years; August 28, 2020

Psychodrama Part III August 21, 2020 6.5 CEUs

Aggression Control/De-Escalation Training ACT – August 5, 2020 Provider # BAP50-21160 exp. 3//31/2021 2 CEU's

Innovative & Self-Actualization: A Symbiotic Relationship. June 2, 2020 1 hour

Introduction to the Marchman Act. June 29, 2020 1.5 CEUs

Helping Clients Find Resilience & Normalcy in Troubled Times Through Personality Assessment: A Millon Inventories Perspective. June 17, 2020 1 hour

Psychodrama Part II June 12, 2020 6.5 CEUs

Using Personality Assessments to Guide Mental Health Care and Recovery, June 11, 2020 1 hour

ACT- DBT training June 3, 2020 1.5 CEUs

Telehealth Interventions May 13, 2020 1.5 CEUs

Counseling on Access to Lethal Means April 22, 2020 2 hours

Telehealth in the Midst of COVID-19 April 8, 2020 2 CEUs

PREA Online Training February 12, 2020 1.5 CEU

JJIS Alerts I Online Training February 11, 2020 2.0 CEUs

JJIS Alerts II Online Training February 11, 2020 2.0 CEUs

Trauma Informed Training February 9, 2020 2.0 CEUs

Sexual Harassment Online Training February 2, 2020 1.0 CEU

Equal Employment Opportunity Online Training February 2, 2020 1.0 CEU

Ethics Basics Online Training February 2, 2020 1.0 CEU

Information Security Awareness Online Training February 2, 2020 1.0 CEU

Suicide Prevention Part I Online Training February 2, 2020 1.0 CEU

Psychodrama January 31, 2020 6.5 CEUs

Trauma Informed Interventions – January 24, 2020 2 hours

Trauma Informed Care, Motivational Interviewing, Implicit Bias and Mindfulness –  
January 3, 2020 7 hours

Sexual Development throughout the Life Cycle – October 30, 2019 1.5 CEU's

Practical Strategies for Helping Parents and Teacher Bring About Lasting Change with  
At-Risk Children – October 18, 2019 6 CEU's

De-escalating Aggressive Behaviors and Baker Act - ACT Training – September 18, 2019  
1.5 CEU's

Reflective Practice – September 16, 2019 (1 hour)

Motivational Interviewing – August 19, 2019 (1 hour)

Experiential and Psychodrama Training – June 21, 2019 3 CEU's

Implicit Bias – June 20, 2019 (1 hour)

Resiliency – June 20, 2019 (1.5 hours)

Professional Self Care – May 8, 2019 1.5 CEU's

Play Therapy Interventions Annual Core Training Program – April 24, 2019 1.5 CEU's

Drum Beat Training – February 27 – 28, 2019 (16 hours)

Working in an Increasingly Traumatized World. – December 12, 2018 1.5 CEU's

Annual Core Training II: "I'm not sure what the heck I just did but I think it was therapeutic": A review of all Interventions – October 17, 2018

Dialectical Behavior Therapy – June 13, 2018 1.5 CEU's

WISC-V Verbal Comprehension Subtests – June 11, 2018

Annual Core Training I: Sexual Behavior and Development – April 25, 2018 1.5 CEU's

Interventions for Sexual Abuse and Trauma – March 28, 2018 1.5 CEU's

Clinical Documentation and Treatment Planning – February 28, 2018 3.0 CEU's

Annual Core Training: CBT & TF-CBT – February 14, 2018 1.5 CEU's

Beginning Sand Tray theory and Interventions – February 7, 2018 1.5 CEUs

Trauma-Focused Cognitive -Behavioral Therapy Training – December 2, 2017

Cultural & Linguistic Competence: Core Concepts & Individual Development – November 25, 2017

Functional Assessment Rating Scale Training – October 5, 2017

Children's Functional Assessment Rating Scale Training – October 2, 2017

Partners for Change Outcome Management Systems (PCOM's) Training – February 2016

Certificate in Clinical Hypnosis

Certificate in Substance Abuse Counseling

Co-Occurring Disorder Cross Divisional Training - The Illinois Co-Occurring Center for Excellence & Illinois Department of Human Services Division of Alcoholism and Substance Abuse, Chicago, Illinois 2010

FEMA - National Incident Management System (NIMS) Emergency Management Crisis training.

American Red Cross: Psychological First Aid, Lewis University, Shorewood, Illinois, February 2010

Victims of Domestic Violence, Premier Academy Alternative School, Joliet, Illinois.  
February 2009

The Protecting God's Children Program for Adults, Catholic Charities Kankakee, Illinois.  
November 2004

State of Illinois Department on Aging Community Care Program  
Catholic Charities, Chicago, Illinois, 2004

Hispanic Students Analyzing Hispanic Issues Summer Institute and Leadership  
Academy, Western Illinois University, 1996

### **VOLUNTEER EXPERIENCE**

#### *Peer Mentor*

Mentor for incoming minority students. The Diversity and Inclusion Team  
Adler School of Professional Psychology September 2009

#### *Re-Member Alternative Summer Break*

Oglala Lakota Nation, Pine Ridge Reservation, South Dakota August 2009  
Participated in various work projects across the Reservation. Helped to rebuild  
relationships, homes, and lives.

#### *Peer Mentor*

Mentor for incoming minority students. The Peer Retention and Education  
Program (P.R.E.P.), Western Illinois University, Macomb, Illinois 1995

#### *Salvation Army*

Cleaning, stacking, and folding clothes in the store.  
Christmas season bell ringer. Macomb, Illinois

#### *Macomb Head Start*

Raised money to purchase books for Head Start students. Macomb, Illinois

#### *Macomb Girl Scouts*

Cleaning and Care of Campgrounds for Girl Scouts. Macomb, Illinois

### **HONORS/AWARDS**

- National Dean's List 2003 - 2005
- National Chancellor's List 2003 - 2005
- Dean's List, Lewis University 2003 - 2005
- Certificate of Appreciation for founding The Building Esteem Support Team 2004
- Psi Chi National Honor Society in Psychology 1995 - 2011

### **PROFESSIONAL AFFILIATIONS**

- National Alliance on Mental Illness (NAMI)
- American Counseling Association ID # 622237
- Adler Ethnic Minority Student Association (AEMSA)
- Adler International Committee
- The American Society of Clinical Hypnosis (ASCH)
- The Chicago Society of Clinical Hypnosis (CSCH)
- Psi Chi (National Honors Society) Adler School of Professional Psychology Chapter
- Sigma Lambda Gamma Sorority Incorporated
- Phi Beta Sigma Fraternity Incorporated Dove
- Founder and active board member of The Building Esteem Support Team (B.E.S.T.)  
Anger Adjusters

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