Before the Board of County Commissioners Martin County, Florida

A Proclamation

Declaring July 2023 as Parks and Recreation Month in Martin County, Florida

parks and recreation programs are an integral part of communities throughout this country, including Martin County; and

parks and recreation promotes health and wellness, improving the physical and mental

parks and recreation promotes health and wellness, improving the physical and mental health of the people who frequent parks by increasing cognitive performance and well-being, and alleviating illnesses such as depression, attention deficit disorder and Alzheimer's; and

Phereas. parks and recreation encourages physical activities by providing space for popular sports, hiking trails, swimming pools and other pursuits designed to promote active lifestyles; and

parks and recreation programming and educational activities, such as out-of-school programming, youth sports and environmental education, are critical to childhood development; and

Dhereas, parks and recreation increases a community's economic prosperity through increased property values, expansion of the local tax base, increased tourism, the attraction and retention of businesses and crime reduction; and

Phereas, parks and natural recreation areas ensure the ecological beauty of our community while providing a place for children and adults to recreate outdoors and connect with nature; and

Whereas, the U.S. House of Representatives has designated July as Parks and Recreation Month.

Now, therefore, be it proclaimed by the Martin County Board of County Commissioners that July 2023 is Parks and Recreation Month in Martin County, Florida. Further, the Board recognizes the benefits derived from the parks and recreation resources, commends the department's work and encourages citizens to take advantage of the amenities and programs offered in Martin County.

Presented this Twentieth Day of June 2023

ATTEST:	BOARD OF COUNTY COMMISSIONERS
CAROLYN TIMMANN, CLERK OF THE CIRCUIT COURT AND COMPTROLLER	EDWARD V. CIAMPI, CHAIRMAN
	HAROLD E. JENKINS II, VICE CHAIRMAN
	DOUG SMITH, COMMISSIONER
	STACEY HETHERINGTON, COMMISSIONER

SARAH HEARD, COMMISSIONER