

# Heather Crary

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*"Courage is not the absence of fear, but rather the judgment that something else is more important than fear."*

**Ambrose Redmoon**

*"We are what we repeatedly do. Excellence, therefore, is not an act, but a habit."*

**Aristotle**

*"Two things define you. Your patience when you have nothing and your attitude when you have everything."*

**Author Unknown**

*"Confidence is the most important single factor in this game, and no matter how great your natural talent, there is only one way to obtain and sustain it: work."*

**Jack Nicklaus**

## **Objective**

I am a highly motivated and driven individual. I have effectively prepared myself to be a leader through education and experience. I am a competent team member while leading by example.

## **Employment**

### **Bureau Chief**

Martin County Fire Rescue 2018-present

### **Captain / Paramedic**

Martin County Fire Rescue 2017-2018

### **Lieutenant / Paramedic**

Martin County Fire Rescue 2014-2017

### **Firefighter / Paramedic**

Martin County Fire Rescue 2005-2014

### **Paramedic / Tech**

Palm Beach Gardens Medical Center 2003-2006

### **Analyst**

Women's Health Specialists/Pfizer 2001-2002

## **Education and Certifications**

### **Master of Science in Fire and Emergency Sciences**

University of Florida

### **2014-2016 Bachelor of Arts in History and Political Science**

Emory University 1997-2001

### **Emergency Medical Technician**

Palm Beach State College 2003-2004

### **Firefighter II**

Coral Springs Fire Academy 2004-2005

### **Paramedic**

Health Careers Institute 2005-2006

### **BLS / ACLS / PALS Instructor**

Martin County Fire Rescue/EEII 2007-current

### **Hazardous Materials Technician**

Florida State Fire College 2016

### **Fire Instructor III**

Florida State Fire College 2012-current

### **Pump Operator**

Florida State Fire College 2012

### **Fire Officer I**

Florida State Fire College 2012

### **Fire Officer II**

Florida State Fire College 2015

### **EMS Instructor Level A**

Urgent Response Training Institute 2017

### ***Key Qualifications/Leadership***

*“What you get by achieving your goals  
is not as important as what you  
become by achieving your goals.”*

**Henry David Thoreau**

- Lead Instructor for paramedic program in Martin County through Coral Springs Regional Institute of Public Safety
- Coordinator for Martin County Fire Rescue CPR/AED team
- Instructor for Martin County Fire Rescue in BLS, ACLS, and PALS
- Coordinator/Team Member of Treasure Coast Critical Incident Stress Debriefing Team

*“Start by doing what is necessary, then  
what is possible and suddenly you are  
doing the impossible.”*

**St. Francis of Assisi**