Before the Board of County Commissioners Martin County, Florida

A Proclamation

Declaring Mental Health Awareness Month in Martin County, Florida

Whereas, the mental health of every citizen, family, business owner and resident of Martin County is a critical factor in its emotional and economic stability; and

- **Whereas**, mental health is as essential to maintaining overall health as physical health; and
- **Whereas**, everyone encounters periods of stress and fear in their lives, but should have adequate, ample, accessible resources to mental health care when it's needed; and
- **Whereas**, only 50 percent of Americans with a serious mental health illness seek treatment, while 100 percent of illnesses are treatable; and
- **Whereas**, stigma is often the key limiting factor to treatment; and
- **Whereas**, we the commissioners and citizens of Martin County strive to be a community who supports mental wellness, including greater access to treatment, increasing educational tools and resources for our citizens, and continually supporting those citizens with mental illnesses.

Now, therefore, be it proclaimed by the Board of County Commissioners of Martin County, Florida that the month of May 2020 is recognized as Mental Health Awareness Month in Martin County to increase public understanding of the importance of mental health and to promote identification and treatment of mental illnesses.

Presented this Fifth Day of May 2020

ATTEST:

BOARD OF COUNTY COMMISSIONERS

CAROLYN TIMMANN, CLERK OF THE CIRCUIT COURT AND COMPTROLLER HAROLD E. JENKINS II, CHAIRMAN

STACEY HETHERINGTON, VICE CHAIR

DOUG SMITH, COMMISSIONER

SARAH HEARD, COMMISSIONER

EDWARD V. CIAMPI, COMMISSIONER